

INKPEN Our Village Hall NEWS

Issue No 4 Summer 2011



It's back!



After several years, Inkpen Village Hall GRAND Jumble Sale is back!

Our Grand Jumble Sale is more than just any old jumble sale - it's a chance to support YOUR Village Hall - have a cup of tea and cake - catch up with other locals - and PICK UP A BARGAIN or two.

2pm - 4pm • Refreshments • Cakes

Put the date in your diary NOW. We look forward to seeing you.

WANTED for our Grand Jumble Sale

Nearly-new clothes • Toys •
Books • Crockery • Pictures
• Small furniture • CDs •
Objet d'art • ??????

Time to have a clear out? We hope you will give generously for us to raise funds for Our Village Hall. Please contact Lin Wild on 01488 668 316 to arrange dropping off your items. We may be able to collect. All items must be with us by Friday 16th September but if you give Lin a ring items can be dropped off any time during the week before at Our Village Hall.

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The design and artwork of this newsletter was donated by Honey Design, Crumplehorn Cottage, Heads Lane, Inkpen Common RG17 9QS.

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Our Village Hall is for the benefit of the inhabitants of the Parish of Inkpen and its immediate vicinity. To promote cultural, social, educational and physical activities within the community. To provide a comfortable facility for local organisations to hire. Charity Commission No: 300168



FREE for all 8 to 88 year olds!



The Monday Table Tennis Group is offering a FREE introductory session to Inkpen residents. They even supply the bats!



Table Tennis Facts

"If you can pick up a bat, you can play," says Richard Pettit, of the English Table Tennis Association (ETTA). "Table tennis is a game for life, no matter what your age or ability."

Table tennis is a sport of precision and fast reactions. It works your cardiovascular system, reflexes and co-ordination. With speeds reaching over 160kmph (100mph), table tennis is the fastest racquet sport on the planet.

Table tennis has come a long way since its beginnings as a form of after-dinner entertainment for upper-class Victorians. Cigar boxes were used as racquets, a line of books served as a net and the ball was a knot of string or a rounded-off champagne cork.

So what next?

Come along to one of our Monday evening sessions and give it a try. Juniors at 6.00pm, Adults from 6.45pm onwards. You'll find us a very friendly group and who knows, you may be the next WORLD CHAMPION with some help from our coach, ex-Berkshire Champ Duncan Campbell. But whatever level you attain, you're sure to enjoy it.

To check for further details and information, contact John Bryant on 668 695.

Our Regular Users

Clubs that use Our Village Hall.

Monday morning

Body Control Pilates

9.30am MAT class £8.50 per session
Contact Sonja Hornsby 01635 35174

Monday evening

Table Tennis

6.00 - 6.45pm Juniors - with coaching £1.50
6.45 - 8.30pm Seniors £2
Contact Duncan Campbell 668 530

Tuesday evening

Yoga

7.30 - 9.00pm suitable for all abilities
Contact Inga Craven 01488 658744

Thursday evening

Body Control Pilates classes

7.00pm MAT class £8.50 per session
Contact Penny Marriage 07867 785412

Friday morning

Daisy Chains Playgroup

10.30am - 12.30pm Term times only
Freeplay, snacks then creative activity
Contact Jane White 668 669

The 92 Group is a group of friendly people who meet on the 3rd Tuesday of each month at 2.00pm. The meetings include demonstrations and talks on a wide variety of subjects. Sometimes trips out are organised. Non-members are always welcome. Cost £2.00 per session. Contact Verity Fenmore 01488 658 903.

Inkpen Farm and Country Market 10.00am - 12.30pm.

The Inkpen Farm & Country Market adds colour and interest to our village life. There is always plenty of local fresh produce and home baked cakes at keen prices and, hopefully, always a little surprise to be found. Come and get a bargain or two and meet other villagers for a chat, have a tea or coffee and get a bacon butty! And don't forget that there's a book stall and puzzles for all ages and a monthly raffle to cover overheads. Make the third Sunday of the month a regular fixture in your calendar. For more information please email farmersmarket@inkpen-village.co.uk

Relaxation with Yoga

Hatha Yoga Classes in Our Village Hall in Inkpen have been running for the last 6 years. We are a friendly group of all ages and ability. Yoga keeps your body and joints flexible. Stretching releases energy and the yogic breathing has a calming effect on the body mind and spirit. The postures are done with total awareness and never rushed. The last 20 minutes are for relaxation visualisation and guided meditation. We meet Tuesday evenings from 7.30 to 9.00

Come and join us. For more information ring Inga Craven on 01488 658 744

Children sized Tables and Chairs for Hire

If you are planning a Children's Party then why not hire our tables and chairs. They make life a lot easier and there's less height for them to fall. Tables are charged at just £6 each and £6 for six chairs. Better still, why not use Our Village Hall for your event? We have loads of space for the little darlings to run around and there's a kitchen and loo. Contact Lin Wild for availability and bookings on 668 316.



Our Village Hall history?

If you have any information or old photos of Our Village Hall then please contact our Newsletter Editor, Julie Bryant on 668 695. We'd love to find out more before this knowledge is lost for ever!!!

Inkpen Village Hall Committee 2011

Chairman	To be appointed	
Treasurer	John Bryant	01488 668 695
Secretary	Sarah Marston	01488 669 075
Newsletter Editor	Julie Bryant	01488 668 695
Newsletter Publisher	Don Honey	01488 668 222
Bookings and Caretaker	Lin Wild	01488 668 316

Management Committee

Liz & Gabriel Cave	David Glitz	Chris & Gloria Keene
Eileen Nightingale	Les & Pat Price	Kate Regan
Jane White	Anne Wilson	
Co-opted Member	Duncan Campbell	