

Interested in becoming a community responder?

Contact, whether on your own or as a small group from your local community, South Central Ambulance Service NHS Trust Community Responder manager (see details below) to arrange an informal meeting and learn more about the role.

If you are still committed after the meeting, you will be given:

- the necessary application forms to apply
- dates for training, and
- fundraising will be discussed.

For more information

Contact

The Community Responder Manager
South Central Ambulance Service NHS Trust
Units 7 and 8 Talisman Business Centre
Talisman Road, Bicester, OX26 6HR

or email

cfr@scas.nhs.uk

or ring our 24-hour hotline on

0800 587 0207

Who supports the programme?

The National Defibrillator Programme is supported by:



... and many local charities, councils, and individuals.

To contribute, please send cheques to the Community Responder Manager (address below) made payable to the South Central Ambulance League of Friends (registered charity No 280826) and state the name of the scheme in brackets.

Produced by

The Community Responder Manager
South Central Ambulance Service NHS Trust
Units 7 and 8 Talisman Business Centre
Talisman Road, Bicester, OX26 6HR

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gs@CFR-November 2009



South Central Ambulance Service **NHS**
NHS Trust

help save lives

in *your* community...



COMMUNITY RESPONDERS

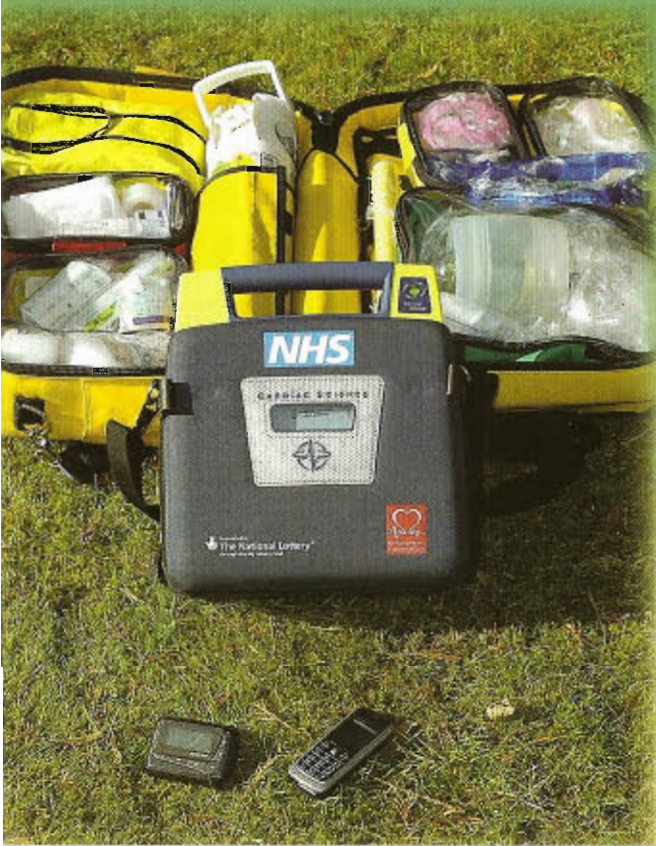
You could make a difference by providing emergency life-saving skills to a member of your community until an emergency ambulance arrives

What are community responders?

Community responders are people who volunteer to help save lives in their community.

There is good evidence to suggest that if people are trained to help someone while the ambulance is on the way, then more lives are saved.

Community responders undergo a two-day, or modular over three days, specially designed training course provided by South Central Ambulance NHS Trust in the essential skills for the role.



What's in it for you?

Our responders receive a basic training covering:

- Life Support
- Oxygen therapy
- Use of a defibrillator
- Care of the unconscious patient
- Medical emergencies
- Minor trauma
- Health and safety.

They receive additional training once they start responding. The training is enjoyable and practical, conducted in small groups and with plenty of opportunity to ask questions or share concerns.

Responders work as a part of the South Central Ambulance Service NHS Trust team, and are offered all the support their full-time colleagues receive.

Do you have what it takes?

- Are you up for a challenge?
- Do you enjoy meeting people?
- Are you a good listener?
- Would you like to help people in your community?
- Can you give up some free time?
- Do you want to learn essential life-saving skills?
- Are you over 18 years of age?
- Are you in reasonable health?

If you have a full driving licence and can pass an enhanced criminal records check, then you are just the kind of person we need.

